

UW SCHOOL OF MEDICINE

20th Update: Travel Medicine and Global Health



Thursday - Friday June 26 - 27, 2025

Hybrid: In-Person or Live Webinar

Orin Smith Auditorium
850 Republican Street
Seattle, WA 98109

Sponsored by UW School of Medicine
Department of Family Medicine
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for non-specialist physicians and health professionals interested in fields such as Allergy/Immunology, Dermatology, Emergency Medicine, Family Medicine, Infectious Disease, Internal Medicine, Nursing, and Pediatrics. It is ideal for Naturopathic Physicians, Nurses, Pharmacists, Physician Associates, Students, Technicians, and other related professions.

COURSE DESCRIPTION

This two-day hybrid conference, available in-person or via live webinar, offers an overview of travel medicine and global health for non-specialist physicians and health professionals. With the rise in international travel, clinicians must be prepared to tackle superbugs and antimicrobial resistance. Participants will learn from experts in travel medicine, global health, and infectious diseases, gaining the knowledge and skills to address travelers' complex health needs and improve global health outcomes. Staying current with the latest developments, attendees can enhance their ability to provide high-quality care to diverse patient populations in an interconnected world.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Provide guidance on preparing pre-travel patients for travel to low-income nations by conducting thorough pre-travel consultations and assessments.
- Discuss evidence-based recommendations for travel vaccinations and prophylaxis.
- Distinguish various strategies to volunteer for overseas medical service.
- Assess and recognize common risks faced by travelers to low-income nations, including the recognition and management of common travel related illnesses and emergencies.
- Navigate ethical challenges in providing care to travelers and global populations.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. This course will be offered inperson or via Zoom Webinar.

FEES AND REGISTRATION

To enroll, please register online at <u>uwcme.org</u>.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, food and beverage, faculty planning, travel, honoraria, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses.

| Registration | In-Person | Virtual |
|---------------------------|-----------|----------|
| All Learners | \$450.00 | \$400.00 |
| *Resident/Fellow/Student | \$250.00 | \$200.00 |
| Industry (non-exhibiting) | \$650.00 | \$600.00 |

^{*}Resident/Fellow/Student rate requires written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.

Registration rates increase by \$25 effective June 12, 2025.



ACCREDITATION

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation: The University of Washington School of Medicine designates this Live activity for a maximum of 14.75 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PRESENTATIONS AND COURSE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on June 19, 2025, for registrants to print and/or download. A printed syllabus with the conference agenda and pages for note-taking will be available for in-person attendees.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **June 12, 2025**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after June 12, 2025. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions at 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

COVID-19 SAFETY MEASURES

Masks are strongly recommended for those attending this activity in-person. Wearing a well-fitted mask over your mouth and nose is encouraged.

- Attendees must stay home if they have COVID-19 symptoms, have tested positive in the 5 days leading up to the event, or are still isolating after testing positive.
- COVID-19 Testing within 72 hours of an event is recommended if using a PCR test, testing day of the event is recommended if using a rapid antigen test. Testing 3 to 5 days after attending an event is also encouraged.

DIETARY REQUESTS

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to cme@uw.edu by June 12, 2025.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office 206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu

The following hotels are located near the conference site. To make reservations, please contact the hotels directly.

| ASTra Hotel A Tribute Hotel 300 Terry Ave N Seattle, WA 98109 206.693.6000 | Courtyard by Marriott 925 Westlake Ave N Seattle, WA 98109 206.213.0100 | EVEN Hotel 527 Fairview Ave N Seattle, WA 98109 206.596.2302 | Fairfield Inn & Suites 226 7th Ave N Seattle, WA 98109 206.443.2012 |
|--|---|---|---|
| | | | |
| <u>Hyatt House</u> | MOXY Seattle Downtown | Residence Inn | Staybridge Suites |
| <u>Hyatt House</u> 201 Fifth Ave N | MOXY Seattle Downtown 1016 Republican Street | Residence Inn 800 Fairview Ave N | <u>Staybridge Suites</u> 1119 Mercer Street |
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| 201 Fifth Ave N | 1016 Republican Street | 800 Fairview Ave N | 1119 Mercer Street |

Course Chair

Christopher Sanford, MD, MPH, DTM&H

Associate Professor, Emeritus
Departments of Family Medicine & Global Health
Director, Global Health Fellowship
Department of Family Medicine
University of Washington/UW Medicine

<u>Planning Committee</u>

Seth Cohen, MD, MSc

Clinical Assistant Professor
Department of Medicine, Division of Allergy and
Infectious Diseases
Director, Infection Prevention and Control
UW Medical Center

Shireesha Dhanireddy, MD

Professor
Division of Allergy & Infectious Diseases
Medical Director, Infectious Disease Clinic and
Madison Clinic, Harborview Medical Center

Paul Pottinger, MD

Professor
Division of Allergy & Infectious Diseases
Director, Infectious Disease Training Program

Anne C. Terry, ARNP, CTH, CTropMed®

Manager and Nurse Practitioner Travel Clinic Hall Health Primary Care Center Department of Family Medicine

Guest Faculty

Sheila M Mackell, MD, FAAP, CTropMed®, CTH, FISTM

Pediatrician Mountain View Pediatrics Flagstaff, AZ



<u>UW Faculty</u>

Frederick Buckner, MD

Professor

Department of Medicine, Division of Allergy and Infectious Diseases

Andrea Kalus, MD

Associate Professor

Division of Dermatology

John E. Olerud Endowed Chair for Dermatology Training

Co-Director, Rheumatology-Dermatology Clinic

Director Phototherapy Unit

Physician, UWMC-Roosevelt

Nandita Mani, MD

Clinical Instructor

Division of General Internal Medicine

Anna McDonald, MD, MPH

Clinical Instructor

Department of Family Medicine

Alexandra Molnar, MD

Clinical Associate Professor

Division of General Internal Medicine

College Faculty

Olympic College and UW School of Medicine

Peter Rabinowitz, MD, MPH

Associate Professor

Department of Environmental and

Occupational Health Sciences

Adrienne Shapiro, MD, PhD

Assistant Professor

Department of Global Health

Assistant Professor

Department of Medicine, Division of Allergy and

Infectious Diseases

Attending Physician, Infectious Diseases

Associate in Vaccine and Infectious Diseases Division

(VIDD)

Fred Hutchinson Cancer Center

Rachel Smith, MD

Acting Instructor

Department of Family Medicine

David A. Townes, MD, MPH, DTM&H

Professor

Department of Emergency Medicine

Adjunct Professor, Department of Global Health

Associate Director, Global Emergency Medicine

Fellowship Program

Heidi van Rooyen, PsyD

Professor

Global Health

Chair, Department of Global Health

Wesley Van Voorhis, MD, PhD

Professor

Division of Allergy & Infectious Diseases

Adjunct Professor

Global Health and Microbiology

Director

Center for Emerging and Re-Emerging Infectious

Diseases (CERID)

Ana Weil, MD, MPH

Assistant Professor

Department of Medicine

Division of Allergy & Infectious Diseases

<u>Thursday, June 26, 2025</u>

| 7:55 | Welcome & Announcements Chris A. Sanford, MD, MPH, DTM&H |
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| 8:00 | Travel Immunizations Anna McDonald, MD, MPH |
| 8:40 | Malaria Anne C. Terry, ARNP, CTH, CTropMed® |
| 9:20 | The Pre-Travel Encounter, and Non-infectious Risks to Travelers Chris A. Sanford, MD, MPH, DTM&H |
| 10:00 | BREAK |
| 10:20 | Traveler's Diarrhea Ana Weil, MD, MPH |
| 11:00 | The Pediatric Traveler Sheila M. Mackell, MD, FAAP, CTropMed®, CTH, FISTM |
| 11:40 | The Pregnant Traveler Sheila M. Mackell, MD, FAAP, CTropMed®, CTH, FISTN |
| 12:00 | BAM: Bug Avoidance Measures Anne C. Terry, ARNP, CTH, CTrop $Med\hat{A}^{\otimes}$ |
| 12:20 | LUNCH |
| 1:20 | Global Health: Progress to Date, Work to be Done Heidi van Rooyen, PsyD |
| 2:00 | Global Tuberculosis Adrienne Shapiro, MD, PhD |
| 2:40 | Pre-Travel Case Studies Anne C. Terry, ARNP, CTH, CTropMed \hat{A}^{\circledast} and Rachel Smith, MD |
| 3:10 | BREAK |
| 3:30 | Post-Travel Case Studies <i>Anne C. Terry, ARNP, CTH, CTropMed® and Chris A. Sanford, MD, MPH, DTM&H</i> |
| 4:00 | Everest: Beyond Burnout Paul Pottinger, MD |
| E.00 | ADIOLIPA |

Friday, June 27, 2025

| 7:55 | Welcome Back & Introduction Chris A. Sanford, MD, MPH, DTM&H |
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| 8:00 | Complex Humanitarian Emergencies David A. Townes, MD, MPH, DTM&H |
| 8:40 | So You Want Extra Training in Travel Medicine and Global Health? Paul Pottinger, MD |
| 9:20 | Medical Tourism Nandita Mani, MD |
| 10:00 | BREAK |
| 10:20 | Chagas and Leishmaniasis Frederick Buckner, MD |
| 11:00 | Zoonotic Surveillance: Where Will the Next Outbreak Come From? Peter Rabinowitz, MD, MPH |
| 11:40 | Emerging and Re-Emerging Diseases Wesley Van Voorhis, MD, PhD |
| 12:20 | LUNCH |
| 1:20 | Volunteering Abroad: Pragmatics & Ethics Panel Sheila M. Mackell, MD, FAAP, CTropMed®, CTH, FISTM, Anna McDonald, MD, MPH, and Andrea Kalus, MD |
| 2:00 | Care of Immigrants and Refugees Alexandra Molnar, MD |
| 2:40 | Dengue, Zika, Chikungunya, and Oropouche Seth Cohen, MD, MSc |
| 3:20 | BREAK |
| 3:40 | Beyond Masking: Travel and Respiratory Infections Seth Cohen, MD, MSc |
| 4:20 | Post-Travel Dermatology Andrea Kalus, MD |
| 5:00 | ADJOURN |